



For Immediate Release

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PATIENT FIRST TO OPEN MEDICAL CENTER IN STERLING AREA

Sterling Center to Serve Residents of Sterling, Dulles, and Surrounding Communities

Fairfax, VA, December 27, 2012. – Patient First announces the expansion of its urgent and primary care services in Virginia with the opening of a new center in Sterling on January 18. This marks the 38th Patient First center in the Mid-Atlantic and the 5th in northern Virginia. Other Patient First locations in the northern Virginia area include Leesburg, Manassas, Garrisonville, and Central Park.

Located at 47100 Community Plaza in the Sugarland Plaza Shopping Center on Harry Byrd Highway, this new facility will service residents of Sterling, Dulles, and surrounding communities.

“The goal of Patient First is to provide convenient, cost-effective medical care on a walk-in basis,” says R.P. Sowers, M.D., founder and CEO of Patient First. “At the same time, our physicians and staff always work closely and in a collaborative fashion with the area’s existing medical community to provide care.”

Open from 8 a.m. to 10 p.m. 365 days a year, Patient First physicians and their support staff are available for urgent care; work, school, camp, sports and travel physicals; occupational health; and primary care for patients who do not have a primary care physician.

For continuity of care, Patient First routinely transmits a copy of the visit record to the patient’s primary physician’s office according to the patient’s wishes. Routine primary care is available for patients who do not have a regular physician.

The new Patient First center will offer medical care including:

Urgent Care

Patient First provides treatment for routine injuries and illnesses – offering a convenient, lower-cost alternative to visiting a hospital emergency department. Services offered include care for colds, flu, allergic reactions, ear and sinus infections, pneumonia, minor burns, skin rashes, sprains, minor fractures, lacerations and sports injuries.

Primary Care Providers

Patient First physicians provide preventative and primary medical services for patients who do not have a regular physician. While appointments are not necessary, those choosing a Patient First physician as their primary care provider can refer to the Patient First website at www.patientfirst.com to see when their preferred doctor is scheduled. Patients may also call the center for a three-day physician schedule.

Digital X-Ray Services

Like all Patient First centers, the new Patient First – Sterling location will be equipped with on-site digital x-ray equipment for routine x-rays.

Lab Work

The new Patient First facility's CLIA approved laboratory will provide on-site service for routine office labs and send-out service for more complex tests.

Prescriptions

As a convenience, Patient First dispenses routine prescription drugs on-site.

Occupational Health

Since 1981, Patient First has provided Occupational Health services for employees and employers. These services include treatment for workplace injuries covered by Workers' Compensation, as well as DOT physicals, drug screenings and work-site flu shots.

Patient First accepts all major insurance plans including Aetna, Anthem, CIGNA, Coventry, United Healthcare, Medicare and TRICARE. A complete list of participating insurers can be found on our website (www.patientfirst.com).

About Patient First

Patient First is based in Richmond, Virginia, and, with the opening of the Sterling medical center, will operate 38 centers in Virginia, Maryland and Pennsylvania. Patient First opened its first facility in Richmond, Virginia, in 1981 and developed many automation-based operating systems and practices that were considered innovative at the time and which have been continually improved to meet the needs of today's patients.

For more information, see www.patientfirst.com.

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