

Allergy Season in Richmond

Lorenzo Hall

After dealing with frigid winter temps, spring weather is often a relief. But, that's not the case for many allergy sufferers. It can mean weeks of feeling itchy and stuffed up.

CBS 6's Lorenzo Hall spoke with Dr. Kenneth Lucas with Patient First, who says you must look out for symptoms and make the distinction, because allergies can look like a cold.

"There's no rules about when allergies show up. People think, if I didn't have it as a child, I'll never get it. Well, that's not so. It can occur at any time. Your immune system changes, even if you had allergies as a child, maybe went through adolescence, weren't bothered much then all of a sudden at age 30, you're going through this."

Dr. Lucas says rainy weather may also help determine if you are dealing with a cold or allergies. If you feel relieved when it's wet out then more than likely, you're suffering from allergies.