

# Temperatures climbing again in Richmond area

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## Richmond, Va. --

We had our break. Now it's back to sweating.

Following a record-setting 102 degrees on Thursday and a much-better day in the low 90s yesterday, temperatures in the Richmond area are headed back up.

Yesterday's high temperature in the Richmond area was 94 degrees, according to the Wakefield office of the National Weather Service.

The weather service is calling for a high in the mid-90s today and the upper 90s tomorrow.

This torrid June should end on a pleasant note when cooler air blows into the region Wednesday, forecasters say.

"Hold on a few more days and by midweek, we'll get down to the midto upper 80s," said James Foster, a meteorologist with the weather service's Wakefield office.

Temperatures in the 90s should return next weekend, Foster said.

The heat can pose health problems, said Dr. Kenneth Lucas, medical director of Patient First-Parham.

People working outside, very young children, the elderly and people with chronic illness such as diabetes or kidney disease may be more likely to be bothered by the heat.

"The best thing, don't be out there doing crazy things when you don't have to be," Lucas said.

The heat wave is also causing problems for cars.

AAA Mid-Atlantic said it assisted more than 4,700 motorists in Virginia Monday through Thursday. The calls were up about 10 percent over the same period last year, but calls for dead batteries alone were up 85 percent.

AAA spokeswoman Martha Mitchell Meade said heat can kill batteries. "The current heat wave is likely to produce a continued high call volume over the weekend as those already weak batteries which have made it this far are simply unable to turn the engine over one more time."

Meade asked motorists to check their batteries, belts and hoses and to keep their cell phones charged in case they need to call for help.

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