



For Immediate Release

Contact: Jane Powell
410-487-4178
jane.powell@patientfirst.com

Jim Schulenberg
804-822-4367
jim.schulenberg@patientfirst.com

PATIENT FIRST OPENS ITS EIGHTH CENTER IN THE BALTIMORE-WASHINGTON AREA

White Marsh Center to Serve Residents of Nottingham, White Marsh and Surrounding Communities

Baltimore, MD, November 11, 2008. – Patient First announces the expansion of its urgent and primary care services in the greater Baltimore area with the opening of a new center in the Johns Hopkins White Marsh building. This will be the eighth Patient First neighborhood medical center in the Baltimore-Washington area and the fourth in Baltimore County. A reception will be held on November 18th from 4:00 p.m. to 6:00 p.m. for local business, community and political leaders, as well as other invited guests. Patient First – White Marsh opens to the public on Wednesday, November 19, 2008.

Located at 4924 Campbell Boulevard, near the intersection of Honeygo Boulevard and Campbell Boulevard, this new facility will service residents of northeast Baltimore County and southern Harford County.

“Our new White Marsh center will complement the services offered by the Hopkins’ physicians in the complex,” states R. P. Sowers, M.D., founder and chairman of Patient First. “We are looking forward to being of service to patients and physicians alike as we have been at our Green Spring Station office for over a decade.”

According to Gil Wylie, President of Johns Hopkins Medical Management Corporation, “having a Patient First in our facility enhances the range of medical services provided. Patients requiring care for routine medical conditions have a convenient place to go and if they require more intensive care, Hopkins medical staff are ideally situated to provide that care.”

From 8 a.m. to 10 p.m. 365 days a year, Patient First physicians and their support staff are available for primary care services; work, school, camp, sports, and travel physicals; occupational health services and urgent care services.

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The New Patient First center will offer state-of-the-art medical care including:

- **Urgent Care**
Patient First provides treatment for routine injuries and illnesses – offering a convenient, lower-cost alternative to visiting a hospital emergency department. Services offered include care for colds, flu allergic reactions, ear and sinus infections, pneumonia, minor burns, skin rashes, sprains, minor fractures, lacerations and sports injuries.
- **Primary Care Medicine**
Patient First physicians provide preventative and primary medical services. While no appointments are necessary, those choosing Patient First physicians as their primary care provider can refer to our website at www.patientfirst.com to see when their preferred doctor is scheduled. Patients may also call the center for a three-day physician schedule.
- **Digital X-Ray Services**
Like all Patient First centers, the new Patient First White Marsh location is equipped with on-site digital x-ray equipment for routine x-rays.
- **Lab Work**
The new Patient First facility's laboratory, which meets CLIA standards, provides on-site service for routine office labs and a send-out service for more complex tests.
- **Prescriptions**
Patient First dispenses prescription drugs, such as antibiotics and pain medications, thereby allowing the patient to go home rather than make an additional stop at a pharmacy.
- **Occupational Health**
Since 1981, Patient First has provided Occupational Health services for employees and employers. These services include treatment for workplace injuries covered by Workers' Compensation, as well as DOT physicals, drug screenings and work-site flu shots.

Patient First has seven other centers in the Baltimore-Washington area: Laurel, Owings Mills, Green Spring Station, Bel Air, Perry Hall, Bayview, and Pasadena. Additional centers are scheduled to open in Glen Burnie (December 3, 2008), Waldorf (January 7, 2009) and Aberdeen (Summer 2009).

Patient First accepts almost all insurance plans, including CareFirst, Aetna, CIGNA, United Healthcare, Coventry and TRICARE. A complete list of participating insurers can be found on our website (www.patientfirst.com).

About Patient First

Patient First is based in Richmond, Virginia, and, with the opening of the White Marsh medical center, will operate 23 centers in Maryland and Virginia. Patient First opened its first facility in Richmond, Virginia, in 1981 and developed many automation-based operating systems and practices that were considered innovative at the time and which have been continually improved to meet the needs of today's patients.

For more information, see www.patientfirst.com.

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